

Professional Career Training USA 2024

FAST FACTS

This programme enables non-students, graduates and young professionals to undertake from 1 to 18 months practical training in the USA.

eligibility

- Have acquired a post-secondary qualification and have at least one year of related work experience (OUTSIDE of the USA) or
- Have at least 5 years (OUTSIDE of the USA) relevant professional experience in the field in which they intend to train.
- Have a traineeship that is directly related to the field and level of qualification and/or previous work experience.

Non-New Zealand residents can apply for the programme if they are training in New Zealand, but may have additional requirements for eligibility placed on them by the US Consulate in New Zealand.

dates

The programme runs all year.

duration

- Work visa lasts for 1-18 months and is issued for the exact dates of the training plan, as per employer's notification. A 12-month limit on agriculture, hospitality, tourism.
- Participants can remain in the USA as tourists for up to 30 days after their work visa expires.

fee including insurance US\$

1-5 Months \$2244 - 2460

6-9 Months \$2562 - 2872

10-12 Months \$2978 - 3190

13-16 Months \$3301 - 3618

17-20 Months \$3719 - 4035

- Fee will be charged in NZ\$ at the exchange rate on the day of application. The US\$ fee rate is consistent but the NZ\$ rate may fluctuate.



INTERNSHIP
NEW ZEALAND

cíee

additional expenses

- US Consulate visa charges (participants must pay the US Consulate for their visa processing, currently approximately NZ\$240.00).
- If participant earns less than US\$1000 per month, a financial statement is required to show proof of funds to cover the difference. Participants on unpaid traineeships need to show proof of US\$1000 for each month of the training programme.

visa application

- Participants apply for the US J-1 (Exchange Visitor) visa directly at their designated US Consulate after receiving all the necessary documentation, forms and instructions from CIEE and Internship NZ.
- Participants are advised to apply for this visa in the country of their legal permanent residence.
- Participants are required to undertake a face to face interview with the US Consulate in Auckland prior to visa approval.
- Participants with previous J1 Training visas will have to undergo extensive screening to be considered eligible for a further internship on this programme (prior Work and Travel programme participation excluded)

visa conditions

- Participants cannot enter the USA more than 30 days prior to the start of their traineeship.
- Participants cannot be employed outside of their traineeship.
- Participants may be able to extend their traineeship with the same employer if the original sponsorship by CIEE was less than 18 months, to a total of 18 months. An extension fee applies.
- Participants can stay in the USA as tourists for an extra 30 days after the end of their traineeship.

pre-departure materials and services

- Visa sponsorship
- Participant Handbook
- Lonely Planet USA
- Insurance Policy

services in USA

- Support services of CIEE Head Office on a toll-free number
- 24-hour emergency assistance

contact

Karen Oswald on koswald@internshipnz.org.nz
Phone 04 920 7646

www.internshipnz.com